



# Critical Incident Stress Management (CISM)

## Core Courses:

### Advanced Assisting Individuals in Crisis

**Instructor:** Kelley Molton, LCSW, CCISM

**Target Audience:** First Responders (LE, Fire, Paramedic, Dispatchers), School, Hospital, Behavioral Health, Peer Support, and other personnel who have completed **\*\*Assisting Individuals in Crisis course certified by ICISF.**

**Course Description:** Advanced Assisting Individuals is the second course in a series of two, focused on supporting individuals in crisis. Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training and practice. This program is designed to teach participants advanced scenario-based crisis intervention techniques building upon an understanding of the basic concepts, principles, and tactics of crisis intervention and psychological first aid (PFA) as taught in the first ASSISTING INDIVIDUALS IN CRISIS program. **This course is offered at no cost and priority will be given to personnel on an existing CISM peer team.**

### **Participants will:**

- Receive International Critical Incident Stress Foundation (ICISF) certification in Advanced Assisting Individuals in Crisis
- Learn and practice advanced techniques and principles of crisis intervention with individuals in crisis
- Increase knowledge of crisis communication techniques, common psychological and behavioral crisis reactions, trauma, suicide intervention, the resistance, resilience, and recovery continuum, situational assessment, and strategic planning

### **Course Offering:**

**Date:** November 13 and 14, 2025

**Time:** 8:00am – 5:00pm

**Location:** Marina Training Room, 299 Twelfth Street, Marina

**To Register:** Email [415-cism@countyofmonterey.gov](mailto:415-cism@countyofmonterey.gov) the name, agency, phone number, and unique email address for each participant.

**Kelley Molton, LCSW, CCISM, Behavioral Health Services Manager II** is a licensed clinician with 19 years of experience working with the forensic mental health population both in and out of custody settings. She worked for the State Hospital system, providing inpatient mental health services to severely mentally ill, maximum- security inmates within Salinas Valley State Prison. She currently oversees Community Crisis services for Monterey County Behavioral Health. Kelley is an approved instructor with the International Critical Incident Stress Foundation (ICISF) and co-coordinates the Critical Incident Stress Management (CISM) county team; providing clinical and strategic support to other CISM teams as they manage critical incidents. She is a senior member of the Behavioral Health Hostage / Crisis Negotiation Team and has lectured for the California Association of Hostage Negotiators Tri-County Law Enforcement agencies on Negotiating with youth. She teaches for the MSW graduate program at CSUMB, presents regularly at the Crisis Intervention Team (CIT) Academy, and is frequently sought out by partner agencies to present on a wide variety of topics such as safety, self-care, trauma-informed/trauma responsive care for youth, crisis management, de-escalation strategies, and mental health. Kelley is an advocate for social justice, collaborative learning, and seeks to support those individuals and families in our community that need the most help in the most holistic, culturally relevant manner possible.

**\*\*This course has a prerequisite of Assisting Individuals in Crisis. All attendees will need to show proof of completing the ICISF course prior to attending this advanced training.**