

# April 29 to May 1, 2024



# **Open Water Rescuer-Basic Rescue Swimmer**







**Registration \$575** 

**Includes SFT Certificate** 

## **Open Water Rescuer - Basic**

# Livermore-Pleasanton Fire Department

And

Fire Management Consultant International

# Presenting

# California State Fire Training Open Water Rescuer-Basic Rescue Swimmer

April 29 to May 1, 2024, Class starts at 08:30

Location: Livermore Pleasanton Fire Department Training Center 3301 Busch Road, Pleasanton CA, 94566

Contact for this class course is Phillip Queen To register go to <u>www.firemanagementconsultant.com</u> Fire Management Consultant International 209-612-8832 phill@firemanagementconsultant.com



Fire Management Consultant International

Established 1975

209-612-8832

## **Open Water Rescuer - Basic**

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### **Course Objectives**

This course provides detailed information, and the skills training required, to improve an individual's level of comfort and confidence for safely performing contact rescues in static and surface water conditions. Safety is strongly emphasized. Risk management is reinforced during every skill to establish your level of comfort in the water and to identify and overcome your limitations.

### Prerequisite

It is recommended that the authority having jurisdiction (AHJ) devise or adopt a minimum swim capability standard based on the response area needs. A realistic evaluation of the rescuer's water survival skills should be conducted by the AHJ to meet this requirement. It is recommended that the AHJ use an annual swim test standard that meets or exceeds the International Association of Dive Rescue Specialists (IADRS) Annual Watermanship Test.

- 1. Student Must Have Good Swimming Skills.
- 2. Required Equipment:
  - a. Wetsuit,
  - b. Booties,
  - c. Water Rescue Helmet
  - d. PFD
  - e. Mask, snorkel or goggles and fins
- 3. Recommended Equipment:
  - a. Gloves,
  - b. Hood
  - c. Extra Wetsuit
  - d. H20 proof helmet light or handheld flashlight.





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#### Agenda

- Be flexible (dealing with weather and possible mechanical issues)
- Student Safety
- Safety Equipment
- Learn new skills, increase knowledge and confidence, have fun

#### Lecture

- Hand signals
- Rescue priorities and safety (risk vs. Gain)
- Distressed swimmer recognition
- Getting help to the victims
- Rescue swimmer operations
- Equipment
  - Water rescue drone operations

### Hands on Training on the beach

- Safety/Hand Signals Review
- Swim test

**Rescue Swimmer Operations** 

- Rescue tubes
- Entering the water
- Contacting victim
- Bring victim in
- Review: rescue tubes/hand signals
- Rescue paddle boards
- Throw bags
- Basic towing small objects (kayaks paddleboards etc.)
- Review Rescue paddle boards/hand signals
- Multi victim rescues
- Tethered swimmer
- Working Around Piers/fixed objects
- Injured victims/extrications from water
- Submerged victim retrieval









#### <u>Note:</u>

- No refunds two weeks prior to the start date.
- Registrations must be paid prior to the start date.

### TO HOST THIS COURSE CONTACT US AT PHILL@FIREMANAGEMENTCONSULTANT.COM

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