



River Delta Fire District

Proudly Serving River Delta Residents

June 23,24, & 25, 2022

California State Fire Training Open Water Rescue-Basic



FMC

Fire Management Consultant International
Saving Lives One Student at a Time



Registration \$475

River Delta Fire District

And

Fire Management Consultant International

Presenting

California State Fire Training Open Water Rescuer-Basic

June 23, 24, & 25, 2022 Class starts at 08:30

Location:

**River Delta Fire District *Oxbow Marina @ Delta Yacht Club Building*
100 Oxbow Marina Drive
*Isleton, Ca. 95641***

**Contact for this class course is:
Fire Chief Paul Cutino at: 925-658-0332**

To register go to www.firemanagementconsultant.com

Fire Management Consultant International 209-612-8832





Open Water Rescuer - Basic

Course Objectives

This course provides detailed information, and the skills training required, to improve an individual's level of comfort and confidence for safely performing contact rescues in static and surface water conditions. Safety is strongly emphasized. Risk management is reinforced during every skill to establish your level of comfort in the water and to identify and overcome your limitations.

Prerequisite

It is recommended that the authority having jurisdiction (AHJ) devise or adopt a minimum swim capability standard based on the response area needs. A realistic evaluation of the rescuer's water survival skills should be conducted by the AHJ to meet this requirement. It is recommended that the AHJ use an annual swim test standard that meets or exceeds the International Association of Dive Rescue Specialists (IADRS) Annual Watermanship Test.

- 1. Student Must Have Good Swimming Skills.**
- 2. Required Equipment:**
 - a. Wetsuit,**
 - b. Booties,**
 - c. Water Rescue Helmet**
 - d. PFD**
 - e. Mask, snorkel or goggles and fins**
- 3. Recommended Equipment:**
 - a. Gloves,**
 - b. Hood**
 - c. Extra Wetsuit**
 - d. H2O proof helmet light or handheld flashlight.**



Agenda

- Be flexible (dealing with weather and possible mechanical issues)
- Student Safety
- Safety Equipment
- Learn new skills, increase knowledge and confidence, have fun

Lecture

- Hand signals
- Rescue priorities and safety (risk vs. Gain)
- Distressed swimmer recognition
- Getting help to the victims
- Rescue swimmer operations
- Equipment



Hands on Training on the beach

- Safety/Hand Signals Review
- Swim test

Rescue Swimmer Operations

- Rescue tubes
- Entering the water
- Contacting victim
- Bring victim in
- Review: rescue tubes/hand signals
- Rescue paddle boards
- Throw bags
- Basic towing small objects (kayaks paddleboards etc.)
- Review Rescue paddle boards/hand signals
- Multi victim rescues
- Tethered swimmer
- Working Around Piers/fixed objects
- Injured victims/extrications from water
- Submerged victim retrieval



Note:

- Please bring a mask
- No refunds two weeks prior to start date
- Registrations must be paid prior to start date